



ANNUAL REPORT  
**2019**

*Building Futures One Person at a Time*  
**Central Arkansas**

**Development Council**





## **Message from the CHIEF EXECUTIVE OFFICER**

**For 50 years, CADC has delivered the promise of community action – changing people’s lives, embodying the spirit of hope, improving communities and making America a better place to live.**

**At CADC, our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. It’s our mission and purpose to encourage and empower each person to take action, identify problems, create solutions, and generate results in the war on poverty. CADC believes that to have a significant impact on poverty, we must continue to expand educational opportunities; develop and deliver the best support for the advancement of our elderly and our youth, advocate for change with our public officials, and educate our stakeholders about the needs of our hard-working neighbors and friends. We believe in the value of cultivating partnerships for long-term impact and maximizing**

**the use of volunteers in meaningful efforts to assist the low income. CADC is committed to making a brighter future for Arkansas. Join us in our effort.**

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## CENTRAL ARKANSAS DEVELOPMENT COUNCIL

### BOARD OF DIRECTORS

Deloris Allison, *Low Income Rep.*

Johnathon Boyce, *Low Income Rep.*

Sandra Faison, *Low Income Rep.*

Linda Jennings, *Low Income Rep.*

Laketa Gutierrez, *Low Income Rep.*

Annette Johnson, *Low Income Rep.*

Beverly Meeks, *Low Income Rep.*

John Owens, *Low Income Rep.*

Rennetta Rowe, *Low Income Rep.*

Kimberly Clemons, *Private Rep.*

Pam Davis, *Private Rep.*

Ed Dunlap, *Private Rep.*

Carlton Haas, *Private Rep.*

Larry Hudson, *Private Rep.*

Alberta James, *Private Rep.*

Lisa Smith, *Private Rep.*

Theresa Tyree, *Private Rep.*

Robby Tingle, *Private Rep.*

Ed Albares, *Public Rep.*

Art Brooke, *Public Rep.*

Ethan Dunbar, *Public Rep.*

Mary Fraction, *Public Rep.*

Marion Hoosier, *Public Rep.*

Wornest Lambert, *Public Rep.*

Annette Pate, *Public Rep.*

Brenda Porter, *Public Rep.*

Darlene Simpson, *Public Rep.*

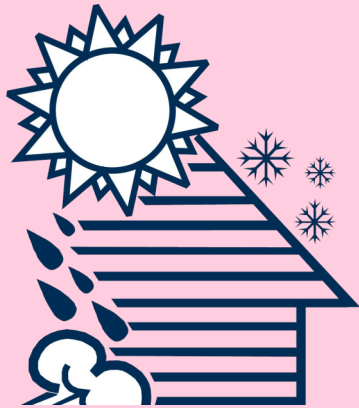
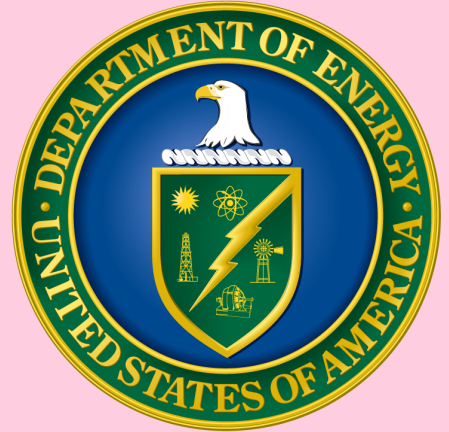




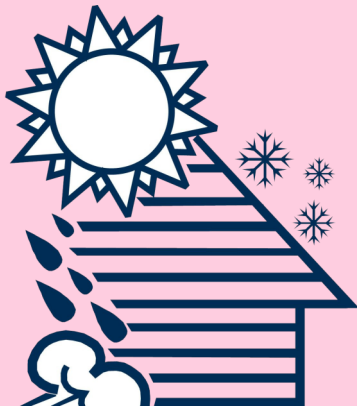
# Building Futures One Person at a Time

## Weatherization

The Weatherization program is designed to make homes more energy efficient and safe. The program is a proven method of reducing high-energy costs and conserving energy in the home. Households can receive attic and wall insulation, weather-stripping of doors and windows, caulking and sealing cracks and holes, storm window installation, furnace retrofitting, and other measures to reduce the energy consumption in the home.



**173 Homes** Weatherized



**334 Individuals** Served

# Building Futures One Person at a Time

## Senior Activity Centers

Senior Activity Centers give persons 60 and older the chance to enjoy meals and social activities with other senior citizens who have a common interest. Activities offered at the centers include exercise, transportation, recreational events, book clubs, computer training, motivational speakers, nutrition, guided tours, and more. Our centers offer opportunities for persons to participate in health fairs, legislative events, and explore new areas of Arkansas.



**280,137** Congregate Meals Served  
**290,726** Home Delivered Meals Served



**157,623** Social Interactions  
**14,464** Telephone Assurances



**24,036** Transportation Units



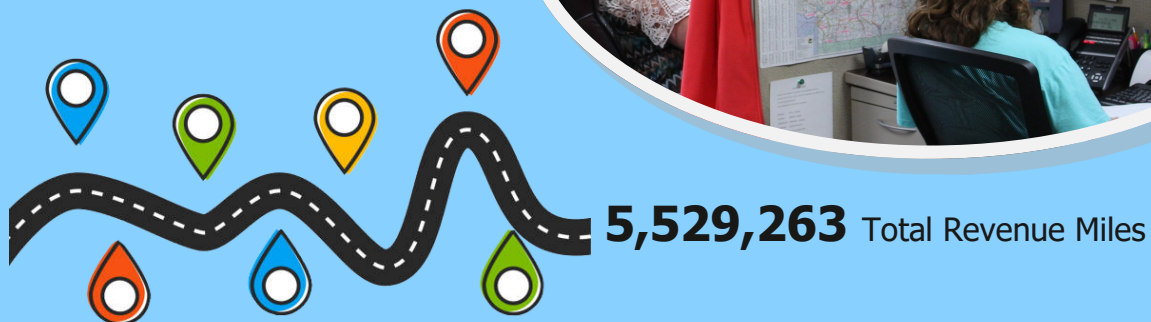
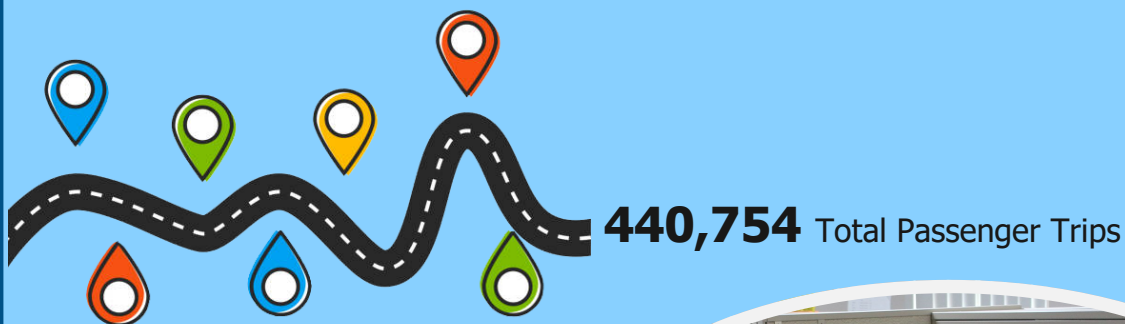




# Building Futures One Person at a Time

## South Central Arkansas Transit

The South Central Arkansas Transit (SCAT) and Greyhound programs keep individuals and families connected to safe, reliable transportation services. Through SCAT, public transportation is available at a reduced rate to any person, regardless of income. The service supports a person's efforts to better their lives. SCAT also provides non-emergency medical transportation. CADC serves as a ticket agent for Greyhound, a service designed to connect rural communities with urban areas.







**297,606.16** Total Revenue Hours



**26,499** Total Wheelchair Clients



# Building Futures One Person at a Time

## L.I.H.E.A.P.

The Low-Income Home Energy Assistance Program (LIHEAP) provides families with short-term fuel assistance. Persons receiving LIHEAP are connected to family development resources, which provide a link to long-term resources to help families become self-reliant. CADC's Family Development Program offers Assurance 16, which provides (on a limited basis) a financial incentive to persons completing economic literacy workshops.



Low-Income Home Energy Assistance Program

**35,277** Regular Assistance Applications



Low-Income Home Energy Assistance Program

**13,903** Crisis Assistance Applications



Low-Income Home Energy Assistance Program

**\$6,246,745** Total Assistance



Low-Income Home Energy Assistance Program

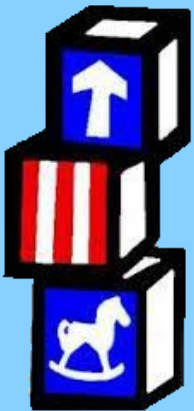
**\$127** Average Payment per household



# Building Futures One Person at a Time

## Early Head Start/Head Start/ABC

CADC Early Head Start/Head Start/Arkansas Better Chance is a comprehensive early education program for children from at-risk backgrounds from birth to age 5. From early math and reading skills to confidence and resilience, CADC EHS/HS/ABC helps children build the abilities they need to be successful in school and life. CADC EHS/HS/ABC recognizes the role of parents as their child's first and lifelong educators and engages parents as equal partners.



29  
Children Served

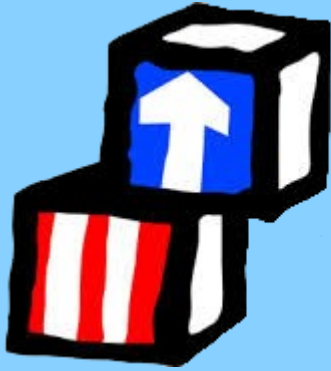
100%  
Up-to-Date  
Immunizations

100%  
Continuous  
Healthcare

100%  
Up-to-Date  
Oral Health Care







590  
Children Served

98.6%  
Up-to-Date  
Immunizations

99.5%  
Continuous  
Healthcare

98%  
Up-to-Date  
Oral Health Care



# Community Services Block Grant

## Outcome Based Results

### CADC Family/Community Enrichment Program

CADC's Community and Family (CSBG) program helps individuals, families, and grass roots community groups with goal development, strategic planning, and identification of local resources. CSBG uses a reporting system set forth in the CSBG Annual Report. Guidelines are published and outcomes are published based on results in one of six National Performance Indicators: Employment, Education, Income and Asset Building, Housing, Health and Social/Behavioral Development, and Civic Engagement and Community Involvement.

### Employment

FNPI 1b The number of unemployed **adults** who obtained employment **(up to a living wage)**.

➡ 147 Individuals experienced this outcome.

FNPI 1h The number of employed participants in a career-advancement related program who **entered or transitioned** into a position that provided increased income and/or benefits.

➡ 132 Individuals experienced this outcome.

FNPI 1c The number of unemployed **adults** who obtained and maintained employment for at least 90 days **(up to a living wage)**.

➡ 95 Individuals experienced this outcome.

FNPI 1d The number of unemployed **adults** who obtained and maintained employment for at least 180 days **(up to a living wage)**.

➡ 81 Individuals experienced this outcome.



FNPI 2c The number of **children** and **youth** who demonstrated improved positive approaches toward learning, including improved attention skills.



2,860 Individuals experienced this outcome.

FNPI 2d The number of **children** and **youth** who are achieving at basic grade level (academic, social, and other school success skills).



2,726 Individuals experienced this outcome.

FNPI 2e The number of **parents/caregivers** who improved their home environments.



348 Individuals experienced this outcome.

FNPI 2f The number of **adults** who demonstrated improved basic education.



90 Individuals experienced this outcome.



FNPI 3a The number of individuals who achieved and maintained capacity to meet basic needs for **90 days**.



291 Individuals experienced this outcome.

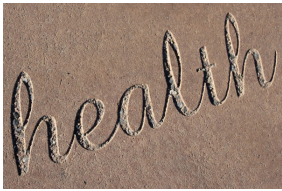
FNPI 3h The number of individuals engaged with the Community Action Agency who report **improved financial well-being**.



238 Individuals experienced this outcome.

# Community Services Block Grant

## Outcome Based Results



FNPI 5a The number of individuals who demonstrated **increased nutrition skills** (e.g. cooking, shopping, and growing food).



411 Individuals experienced this outcome.

FNPI 5b The number of individuals who demonstrated **improved physical health** and well-being.



2,330 Individuals experienced this outcome.

FNPI 5c The number of individuals who demonstrated **improved mental and behavioral health and well-being**.



332 Individuals experienced this outcome.

FNPI 5d The number of individuals who **improved skills** related to the adult role of parents/ caregivers.



1,169 Individuals experienced this outcome.

FNPI 5e The number of parents/caregivers who **demonstrated increased sensitivity and responsiveness** in their interactions with their children.



1,202 Individuals experienced this outcome.

FNPI 5f The number of **seniors (65+)** who maintained an independent living situation.



2,853 Individuals experienced this outcome.

FNPI 5g The number of **individuals with disabilities** who maintained an independent living situation.



9,247 Individuals experienced this outcome.





FNPI 4a The number of households experiencing homelessness who obtained **safe temporary shelter**.



24 Individuals experienced this outcome.

FNPI 4b The number of households who obtained **safe and affordable housing**.



14 Individuals experienced this outcome.

FNPI 4e The number of households who **avoided eviction**.



12 Individuals experienced this outcome.



FNPI 6a The number of Community Action program participants who increased skills, knowledge, and abilities to enable them to work with Community Action to improve conditions in the community.



12 Individuals experienced this outcome.

# One Ride at a Time

September 17, 2018

To Whom It May Concern:

I am writing to acknowledge Brenda Grubbs, who works at Region 11 Medicaid transportation office. Ms. Grubbs has consistently demonstrated a spirit of helpfulness and compassion towards our families who are caring for children with serious hematological and oncological (hemonc) diagnoses. Thanks to Ms. Grubbs willingness to consider the details of a family's hardship situation and prioritizing a child's health and safety, she was able to remove a barrier for one of our hemonc children to ensure he continues to receive the treatment he needs to restore his health and continue his life.

Since generally people make more effort to write about complaints, I wanted to take the time to write about how helpful Ms. Grubbs has consistently been in finding ways to ensure that families who are facing multiple hardships are able to still have access to quality healthcare for their children. Not only is this a win for the families, but it is also a win for the state and for taxpayers, as by providing a way for families to receive the outpatient treatments they need, they are less likely to present to emergency rooms or be hospitalized; services that are a lot more expensive than outpatient treatment and transportation rides.

Appreciatively,

Tara V. DeJohn, PhD, LCSW

Social Worker II

Lonnie Digiacombo lives on Camp Road in Bismarck, AR. Ms. Digiacombo is a single mother and has no transportation. She is currently attending GED classes in Arkadelphia AR. Her daughter is attending Headstart in Arkadelphia. Without the services of Scat, Ms. Digiacombo and her child would not be able to attend GED class or Headstart.

Austin Lane has been a rider at Hot Springs Scat for seven years. He rides from Mt. Ida to Hot Springs five days a week to special classes and to Little Rock doctor appointment. It is neat seeing how he has grown up riding the Scat bus and seeing how his social skills have changed throughout these years. He enjoys riding and seeing everything through the bus windows.

Magnolia Scat provides transportation for Orene Jones to her Dialysis appointments three times each week. Ms. Jones does not have transportation available to her. Ms. Jones' daughter lives in Dallas, TX. Ms. Jones' daughter sends payment for her Mother to ride Magnolia Scat buses. Both Mother and daughter are very appreciative and happy with Magnolia Scat bus services. Scat helps Ms. Jones be independent and live in her home.

Loleta Davis, Fordyce Site Supervisor has been riding as a bus attendant in the morning and the afternoon for the First Step School bus routes in Fordyce. Fordyce Scat has recently acquired these new clients as bus riders. At first it was overwhelming to take on so many new riders. Loleta has found out that in times of trouble, Scat pulls together and does the best they can to get the job done. We appreciate Loleta for the effort she has put forth to accept these responsibilities. Loleta helps make Fordyce Scat a success.

# One Home at a Time

**jen miller**

to

me

Awesome Mrs. Tracy I would like to know if I could send some type of way to say thank you and the crew for all the time and hard work y'all invested in me. It was such a blessing. Thank you so much. I hope you have a amazing summer.



Thank you,  
To the  
Weatherization Dept.  
And thanks to Tracy when  
I talked to her and  
to the inspection Sup  
& the insulation Sups  
& John & Jimmy & Phemba  
Sup.

You all were  
Awesome & did excellent  
work. I appreciate  
you all helping me.  
Everyone went above  
and beyond to help.

Blessing to all.  
Thanks  
W. L. L.

# One Family at a Time

In 1997 life as I knew it made a sudden change. I suddenly became a single mother with two daughters, Jessica age 10 and Haleigh age 3. This change brought many other changes to our lives as well. I closed my licensed, In-Home Day Care and relocated my family to another town. For the first time, in several years, I had to go to work outside of my home and leave my children in the care of someone else. Fortunately, my oldest daughter was in public school, but my three year old was another story. I couldn't find a babysitter that I felt safe leaving her with, and I had to keep my new job. A friend told me that Head Start was accepting children. So, I very reluctantly enrolled her. I cried like a baby the first day that I left her there. But, that afternoon, all my fears were relieved when I had to literally drag her to the car. She loved it! I can never express how fortunate I felt to I found Head Start. Not only did Haleigh learn and experience so many things, but this program enabled me to be able to provide for my children, and gave me support and encouragement that was very much needed at the time.



In 2003 I went to work for CADC Head Start as a Family Service Worker at the Mt. Ida Head Start. Two years later, I transferred to the CADC Glenwood Head Start where I am still currently working, nearly 16 years later.



Haleigh at age 3  
enjoying the  
Christmas party  
at Amity Head  
Start on December  
16, 1997.



Haleigh was a very good student in school. At the end of her 8th grade year she found her passion when she started pole vaulting. She set a new state record and went to the Meet of Champs for the first time when she was in 9th grade. She repeated this for three consecutive years. She currently still holds the 1A State record in Pole Vaulting. She received a full ride scholarship to SNU in Bethany, OK. Unfortunately, she turned it down due to a hip injury. This was a devastating setback, but Haleigh made up her mind that she was still going to go to college. She worked and saved every penny she made and enrolled in UCA in Conway. She completed her freshman year, and then took a semester off to have her son, Peyton. After this, Haleigh had to continue to work to support her son, so she enrolled in online classes through SAU. When Peyton was old enough, Haleigh enrolled him in the CADC Glenwood Head Start program so that she could continue working and complete college. On May 18, 2018 Haleigh graduated from SAU with a Bachelor's Degree in Elementary Ed K-6. She is currently teaching 5th grade math, science and history at Caddo Hills Middle School.



Our story continues:

My oldest daughter, Jessica, started working as a substitute teacher for CADC Head Start in December 2008. Her two sons, Braxton and Matthew, both completed two years each in the program. Jessica is now a full time Teacher Assistant at the CADC Glenwood Head Start. She is also currently enrolled in some college classes to further her education.



**Haleigh and Peyton after a scavenger hunt.**



**Haleigh's Graduation from**



Dana Bates  
CCAP  
June 2018

Rebecca Priddy  
Child Development  
Associate Credential  
March 2019

Marlysha Hood  
Child Development  
Associate Credential  
April 2019

Rachel Vandergrift  
Child Development  
Associate Credential  
April 2019

Melanie Flenniken  
Child Development  
Associate Credential  
May 2019





Voted Best of the Best 2018  
Hot Spring County: Daycare  
Hot Spring County  
Early Head Start/ Head Start/ ABC Centers



Melanie Jackson  
Know Your Why Award  
May 2019



Bobbie White  
Know Your Why Award  
July 2018



Neta Davis  
Know Your Why Award  
December 2018

# Happy Retirement!



Larry Cogburn  
46 years



Sandra Holiman  
41 years



Cindy Rhodes  
20 years

# Happy Retirement!



Marva Jasper  
years



Jannette Sanders  
years



*Building Futures  
One Person at a  
Time*

# **Central Arkansas Development Council Mission**

**To alleviate the causes and conditions of poverty, to help vulnerable populations achieve their potential, and to build strong communities in Arkansas through community action.**

**Central Arkansas Development Council**

**Administration Office**

**P.O. Box 580/ 321 Edison Avenue**

**Benton, Arkansas 72018**

**(501) 315-1121**

**(501) 778-9120/ FAX**



**All Data represented is from the program year end May 31, 2019 unless otherwise noted.**

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