

DECEMBER 2020

Murfreesboro Senior Activity Center

Menu

Mon	Tue	Wed	Thu	Fri
	1 BAKED HAM BLACK EYED PEAS SEASONED CABBAGE & CARROTS CORNBREAD SWEET POTATO PIE	2 GLAZED MEAT LOAF MASHED POTATOES SUCCOTASH WHOLE WHEAT ROLL/BREAD PEACH SHORTCAKE	3	4
7 CHILI BAKED POTATO BROCCOLI WHEAT BREAD/ CRACKERS ASSORTED COOKIES	8 BREADED PORK CHOP RICE /GRAVY BLACKEYED PEAS SF CORNBREAD MARGARINE MANDARIN ORANGES	9 ROAST BEEF MASHED POTATOES/GRAVY GREEN BEANS DINNER ROLL CHILLED PINAPPLE COOKIE	10 MONTHLY COMMODITIES	11
14 LASAGNA TOSSED SALAD W/DRESSING GARLIC BREAD FRESH ORANGE COOKIE	15 CHICKEN RICE CASSEROLE GREEN BEANS WHEAT BREAD CHILLED PEACHES COOKIE	16 BEEF TIPS W/ GRAVY MASHED POTATOES PEAS & CARROTS DINNER ROLL MARGARINE PINEAPPLE UPSIDE DOWN CAKE	17	18
21 BEEF STEW CORNBREAD EMERALD PEARS HONEY BUN CAKE	22 COUNTRY BAKED CHICKEN MASHED POTATOES/GRAVY CALIFORNIA VEGETABLES DINNER ROLL PEACH COBBLER	23 SLICED TURKEY DRESSING W/ CRANBERRY SAUCE GREEN BEANS SWEET POTATOES CHERRY PIE	26	27
28 CHICKEN SPAGHETTI TOSSED SALAD GARLIC BREAD TROPICAL FRUIT	29 HAMBURGER STEAK W/ONION MASHED POTATOES GREEN BEANS WHEAT ROLL MANDARIN ORANGES COOKIE SKIM MILK	30 (FREE MENU) FRIED FISH PINTO BEANS COLE SLAW HUSH PUPPIES PEACH COBBLER	31	30

*Open Monday/Tuesday and Friday 8:00am – 4D:00pm

*Lunch served at 11:30am with skim milk, coffee, tea or water

*Transportation available

Center phone: 870-285-2312

Site Manager: Vickie Hutson