

NOVEMBER

Gurdon SAC

870-353-2095

2019

Lunch Served Daily From 11:30 to 12:30
With Suggested Donation of \$3:00



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| | TAKE OUT MEALS ARE A CHARGE OF \$6.00 | Meal Donation of \$3.00 Per Meal If You Are 60 Or Older. A Charge Of \$6.00 Per Meal For Anyone 59 Years Old Or Younger \$6.00 | | 1. HAMBURGER ON A BUN BAKED SWEET POTATO FRIES LETTUCE AND TOMATO PEAR CRUMBLE SKIM MILK |
| 4. CHILICON CARNE BAKED POTATO WHEAT BREAD OR CRACKERS MARGARINE CHILLED PEARS COOKIE, SKIM MILK | 5. CHICKEN POT PIE TOSSED SALAD WITH DRESSING DINNER ROLL STRAWBERRY SHORTCAKE SKIM MILK | 6. BEEF AND PASTA CASSEROLE TURNIP GREENS SF CORNBREAD FRUIT MIX PEANUT BUTTER COOKIE, SKIM MILK | 7. CRUNCHY CHICKEN MASHED POTATOES BROCCOLI DINNER ROLL BANANA PUDDING SKIM MILK | 8. TACO SOUP SHREDDED CHEESE CHOPPED LETTUCE AND TOMATOES TORTILLA CHIPS SALSA, FRUIT CUP SKIM MILK |
| 11. BACON WRAPPED PORK FILET BLACK EYED PEAS GREENS CORNBREAD DUTCH APPLE CAKE SKIM MILK | LASAGNA TOSSED SALAD WITH DT DRESSING GARLIC BREAD MANDARIN ORANGES COOKIE SKIM MILK | 13. SMOTHERED CHICKEN RICE BROCCOLI AND CAULIFLOWER WHEAT ROLL CHILLED PINEAPPLE COOKIE SKIM MILK | 14. GLAZED MEATLOAF MASHED POTATOES SEASONED CARROTS BREAD PINEAPPLE UPSIDE DOWN CAKE SKIM MILK | 15. VEGETABLE SOUP CHEF SALAD ASSORTED CRACKERS DRESSING OF CHOICE MARGARINE, FRUIT CUP, SKIM MILK |
| 18. BEEF TIPS WITH GRAVY RICE GREEN PEAS SF DINNER ROLL FRESH FRUIT CUP SKIM MILK | 19. PULLED PORK BBQ SAUCE BAKED BEANS COLE SLAW HAMBURGER ON A BUN APPLE CRISP SKIM MILK | 20. CHICKEN AND DUMPLINGS GREEN BEANS CORNBREAD FRESH FRUIT CUP COOKIE SKIM MILK | 21. ROAST BEEF POTAOTES & ONIONS CELERY & CARROTS DINNER ROLL BREAD PUDDING WITH VANILLA SAUCE SKIM MILK | 22. SPAGHETTIN WITH MEAT SAUCE TOSSED SALAD WITH DT DRESSING GARLIC BREAD MARGARINE CHILLED PEAHCES COOKIE, SKIM MILK |
| 25. HAM & BEANS SEASONED CABBAGE SF CORNBREAD MARGARINE PINEAPPLE UPSIDE DOWN CAKE SKIM MILK | 26. TAMALE PIE PINTO BEANS CHOPPED LETTUCE AND TOMATOES POUND CAKE WITH STRAWBERRIES SKIM MILK | 27. HERB BAKED CHICKEN BREAD STUFFING GLAZED SWEET POTATOES, GREEN BEANS SF WHOLE WHEAT ROLL OR BREAD, PUMPKIN PIE, SKIM MILK | 28. CLOSED HAPPPY THANKSGIVING | 29. CLOSED HAPPY THANKSGIVING |

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