



Arkadelphia Senior Activity Center
1305 North 10th Street
870-246-9871

Open 7:30 a.m. 3:30 p.m.

NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Checkers Shooting Pool Board Games Puzzles Coloring</p> <p>12:30 Daily Bingbag Baseball</p> <p>Thrusday Night Dance 7-9:30 p.m. \$5.00 Admission</p>				<p>1</p> <p>10:40 BINGO</p>
Exercise Equipment	Computer Room	Card Games	Wii Games	
<p>4</p> <p>9:30 Board Meeting</p> <p>10:00 Volley Ball</p> <p>11:00 Move to the Beat</p>	<p>5</p> <p>10:00 Volleyball</p> <p>11:00 Council Meeting</p>	<p>6</p> <p>10:00 Volleyball</p> <p>11:00 Zumba</p>	<p>7</p> <p><u>Volley Ball Team</u> <u>@ Little Rock</u></p> <p>10:40 Mr. & Mrs. Clarence Craig <u>Gospel Singing</u></p>	<p>8</p> <p>10:40 BINGO</p>
<p>11</p> <p>10:00 Volleyball</p> <p>11:00 Move to the Beat</p>	<p>12</p> <p>10:00 Volleyball</p> <p><u>11:00 Detri Brech &</u> <u>Lori Rogers Diabetic Ed.</u></p>	<p>13</p> <p><u>9:00-2:00 Michael Lester</u> <u>Defensive Driving Class</u></p> <p>10:00 Volleyball</p> <p>11:00 Zumba</p>	<p>14</p> <p>10:00 Volleyball</p> <p>11:00 April Davis/Billy Marsh @ Allwell Birthday Celebration</p>	<p>15</p> <p><u>10:40 BINGO with</u> <u>Joanna @ Quality</u> <u>Health Care</u></p>
<p>18</p> <p>10:00 Volleyball</p> <p>11:00 Move to the Beat</p>	<p>19</p> <p>10:00 Volleyball</p> <p><u>11:00 JoAnn Home Ext.</u> <u>Nutrition & Yoga</u></p>	<p>20</p> <p>10:00 Volleyball</p> <p><u>10:30 Connie Mohlenhoff</u> <u>Twin Rivers Pie Drawing</u></p> <p>11:00 Zumba</p>	<p>21</p> <p><u>Volley Ball Team</u> <u>@ Little Rock</u></p> <p>Area on Aging Case Management</p>	<p>22</p> <p>10:40 BINGO</p>
<p>25</p> <p>10:00 Volleyball</p> <p>11:00 Move to the Beat</p>	<p>26</p> <p>10:00 Volleyball</p>	<p>27</p> <p>10:00 Volleyball</p> <p>11:00 Zumba</p>	<p>28</p> <p> HOLIDAY CLOSED</p>	<p>29</p> <p> HOLIDAY CLOSED</p>